



Cumberland Valley Rails-to-Trails Council

Fall Down on the Trail 5K

October 20, 2007

Overall Finish Male/Female

Fall Down on the Trail 5K Total: 44

Place	Over All	Time	Name	Race Number	Age On Race Day	Mas ters	Age Group / Place	City	State	Pace / Mile
Female			Total: 18							
1	6	20:57	Reynah Spence	3	13		19 & under	Shippensburg	PA	6:45
2	7	21:23	Margeaux Spence	2	13		19 & under	Shippensburg	PA	6:53
3	10	22:32	Kelly Gary-line	39	41		40 - 49	Shippensburg	PA	7:15
4	18	23:42	Michelle Loh	4	28		20 - 29 1	Mechanicsburg	PA	7:38
5	19	23:56	Laurel Ann Hess	23	50	1	50 - 59	Lititz	PA	7:42
6	25	25:38	Debby Burd	28	54	2	50 - 59	Biglerville	PA	8:15
7	28	27:02	Lisa Fisher	41	27		20 - 29 2	Shippensburg	PA	8:42
8	29	27:16	Patricia Coffey	30	44	3	40 - 49 1	Chambersburg	PA	8:47
9	31	27:40	Missy Walton	7	39		30 - 39 1	Chambersburg	PA	8:54
10	32	27:42	Eliza Gross	10	23		20 - 29 3	Manchester	PA	8:55
11	33	28:23	Carla Rice	21	51	4	50 - 59 1	Saint Thomas	PA	9:08
12	36	28:41	Heather C Brinker	13	39		30 - 39 2	Sabillasville	MD	9:14
13	37	29:50	Jeanne Arnold	1	51	5	50 - 59 2	Shippensburg	PA	9:36
14	38	30:11	Kyla Line	37	12		19 & under 1	Shippensburg	PA	9:43
15	39	30:11	Tara Gettig	5	28		20 - 29 4	Shippensburg	PA	9:43
16	41	32:05	Shannon Heckman	36	36		30 - 39 3	Shippensburg	PA	10:20
17	43	35:06	Josie E O'Flaherty	42	18		19 & under 2	Hagerstown	MD	11:18
18	44	43:55	Yon-Sik Kim	33	58	6	50 - 59 3	Hanover	MD	14:08
Male			Total: 26							
1	1	18:19	Trevor Spence	18	27		20 - 29	Lancaster	OK	5:54
2	2	19:05	Gary Ishler	38	49		40 - 49	Lewistown	PA	6:09
3	3	19:26	Chris Thompson	44	31		30 - 39	Carlisle	PA	6:15
4	4	19:43	Bill Hathaway	16	35		30 - 39 1	York Haven	PA	6:21
5	5	20:50	Dean Swinford	29	32		30 - 39 2	Shippensburg	PA	6:42
6	8	21:54	Anthony W Rosenberry	20	39		30 - 39 3	Chambersburg	PA	7:03
7	9	22:02	Jeff Cottone	6	26		20 - 29 1	Shippensburg	PA	7:06
8	11	22:39	Peter Holdaway	40	44	1	40 - 49	Chambersburg	PA	7:17
9	12	22:49	Mil Engle	24	58	2	50 - 59	Shippensburg	PA	7:21
10	13	23:04	Robert Clay	27	51	3	50 - 59 1	Carlisle	PA	7:25
11	14	23:24	Nathan Powell	34	35		30 - 39 4	Carlisle	PA	7:32
12	15	23:29	Joe Cole	31	57	4	50 - 59 2	Biglerville	PA	7:34
13	16	23:36	Matt Heckman	8	17		19 & under 1	Shippensburg	PA	7:36



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Male			Total: 26							
14	17	23:39	Hans D Meurer	32	48	5	40 - 49 1	Hanover	MD	7:37
15	20	23:59	Mark Rebuck	15	35		30 - 39 5	Camp Hill	PA	7:43
16	21	24:26	Tom Steinour	43	54	6	50 - 59 3	Shippensburg	PA	7:52
17	22	25:12	Randall Arthur Pellow	25	64	7	60 - 69 1	Shippensburg	PA	8:07
18	23	25:24	Bernard Richards	11	23		20 - 29 2	York Haven	PA	8:11
19	24	25:33	Doug Shields	14	40	8	40 - 49 2	Shippensburg	PA	8:13
20	26	26:08	Brad Coe	22	18		19 & under 2	Laurel	MD	8:25
21	27	26:10	Andy Gettig	12	32		30 - 39 6	Shippensburg	PA	8:25
22	30	27:36	Dean Burkholder	17	51	9	50 - 59 4	Shippensburg	PA	8:53
23	34	28:32	Bob Archibald	19	75	10	70 & over 1	Fayetteville	PA	9:11
24	35	28:38	Harry Styer	26	67	11	60 - 69 2	Hackettstown	NJ	9:13
25	40	30:36	Charles Metzgar	9	70	12	70 & over 2	Chambersburg	PA	9:51
26	42	32:06	Zach Pagel	35	35		30 - 39 7	Shippensburg	PA	10:20